



Seminary Wives Newsletter

# The Distaff

*But have nothing to do with worldly fables fit only for old women. On the other hand, discipline yourself for the purpose of godliness; for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.*

*1 Timothy 4:7-8*



December 2007 Edition

## Calendar

December 6th ~  
Christmas Chapel

December 14th ~ Last  
day of semester

December 25th ~  
Christmas

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## Local Thrift Shoppe

Discovery Shop  
9719 Reseda Blvd.  
Northridge, CA  
818-772-0194



*Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ.*

Philippians 4:6-7

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## Recipe Corner

## Book Review

Harris, Gregory H. *The Cup and the Glory*:

## Words of Wisdom

*"Worshipping God is the great essential of fitness. If you have not been worshipping..., When you get into work you will not only be useless yourself, but a tremendous hindrance to those who are associated with you. ~Oswald Chambers~"*

## Local Thrift Shoppe

Take Two Thrift Shop  
24364 Main Street  
Newhall, CA  
661-255-1991

## Helpful Hints

## *Heard's Famous Hot Mulled Cider*

1/2 Apple Cider  
1/2 Cranberry Juice  
(this cuts the sweetness)  
1 small muslin bag filled  
with mulling spices  
(in grocery stores)  
Several fresh orange slices

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Heat together for several  
hours before serving:

DO NOT BOIL

A crock pot works great and  
it can  
be started the night before

### FYI

*Heard's was a well  
known garden shop in  
Orange County, now out  
of business since the  
death of Mrs. Heard.*

### Links

[www.girltalk.blogs.com](http://www.girltalk.blogs.com)

A daily conversation on  
things relating to biblical  
womanhood

*Lessons on Suffering and the Glory  
of God.* Woodland, TX: Kress Christian  
Publications, 2006.

170 pp. \$13.99 (paper).

Reviewed by Julie Sandfrey, wife of TMS  
student Michael Sandfrey

Do you pray for a deeper, closer walk with  
our Lord Jesus Christ? Do you desire  
deeper blessings and a greater  
understanding  
of what Christ has done for you? Is the  
goal of your life to follow Jesus Christ and  
Him alone? If the answer to any of these  
questions is "yes" then you must read The  
Cup and the Glory by Dr. Greg Harris. In  
this book Dr Harris shows how for many,  
suffering precedes the glory of deeper  
fellowship and a closer walk with Christ.

The title refers to the fact that before the  
glory of resurrection and His return to the  
Father's right hand, Christ first had to  
drink the cup of suffering that God placed  
before Him. Many times, we desire the  
glory but are unwilling to partake of the  
cup, which may be the very means God  
uses to bring the glory. One example of  
this truth is in Mark 10:35-41. James and  
John ask Jesus to sit with Him in His glory,  
one on His right and one on His left. Jesus  
responds by asking them if they are able to  
drink the cup that He will be drinking. The  
disciples will receive the glory they desire  
only after drinking the cup.

Dr Harris uses both God's Word and his  
own life's struggles to help us see how  
suffering can bring us into closer  
fellowship

and a deeper walk with the Lord Jesus  
Christ. "If responded to properly, (and that  
is not at all a given), suffering forces us to  
find comfort and mercy in the present  
fellowship with Jesus and look to Him for  
hope for the future." What a great  
encouragement to continue to trust the  
Lord and His sovereignty in our  
lives. However, Dr. Harris reminds, "It is  
one thing to ask for deeper blessings. It is  
quite another to stand firmly during the  
refining process that makes us fit to  
receive what we ask."

## *What can you do with a Bounce dryer sheet?*

- keep them in a pocket when  
outside to keep yellow jackets  
away
- it repels rats, mosquitoes and  
ants
- takes the stale odor out of  
suitcases, old books and  
photos
- eliminates static electricity  
from tv or computer screen
- dissolves soap scum from  
shower doors
- freshens vacuum bags,  
drawers and closets
- prevents thread from tangling  
when sewing
- cleans baked on food from  
pans when mixed with water
- collects cat hair, dust and  
sawdust
- deodorizes shoes and  
sneakers

### Links

[www.cbmw.org/Journal/Vol-  
11-No-2/Motherhood-  
Matters](http://www.cbmw.org/Journal/Vol-11-No-2/Motherhood-Matters)

Article by Al Mohler's wife,  
on the importance of  
motherhood

The Cup and the Glory will cause readers to examine their heart, their love for God and the trust they place in Him when facing suffering. Tough questions such as: “Do you love God and trust Him during the dark times of suffering or only when He brings good things into your life?” will challenge readers to evaluate their desire to have a closer, deeper walk with God.

This book changed my life as it took me down my personal path of suffering from a new perspective. It is an absolute must read for anyone who wants to grow spiritually and desires to understand the role suffering can play in this process.

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